CLAIMS:

1. A color shift therapy apparatus comprising:

a control means;

a color display; and

a means for providing color shifting signals to said color display in response to said control means.

- 2. The color shift therapy apparatus according to claim 1 wherein said control means comprises a clinician input means.
- 3. The color shift therapy apparatus according to claim 2 wherein said clinician input means comprises a keyboard.
- 4. The color shift therapy apparatus according to claim 1 wherein said means for providing color shifting signals comprise a central processing unit.
- 5. The color shift therapy apparatus according to claim 4 wherein said color display means is selected from the group comprising of CRT, LCD and a television.
- 6. The method for providing color shift therapy with the apparatus of claim 1, said method comprising the steps of:

placing a patient in front of the color display;

providing initial clinician input to the central processing unit to display colors and color shifts on the color display; and

determining if the colors and color shifts have a desired effect on said patient.

- 7. The method according to claim 6 further comprising creating and storing an optimum therapy program for said patient when it is determined that the colors and color shifts are having the desired effect on patient.
- 8. The method according to claim 7 further comprising providing one optimum therapy program to said patient for use on said patient's apparatus.